

GUEST COLUMN

For the Thursday, March 8, 2018 Edition

From: Mayor James E. "Jamie" Mayo

March is National Kidney Month – Get Tested!

March is National Kidney Day, and Thursday, March 8, 2018, is World Kidney Day. The Monroe Civic Center fountain lights will be turned ORANGE in observation of this special day – and in respect of the estimated 460,000 people in Louisiana who battle various forms of kidney disease.

When you consider those affected across our entire country, that number rises to an estimated 30 million men, women, and children. One in three American adults is at risk for chronic kidney disease.

In Louisiana, over 10,000 kidney patients are on dialysis, and over 1,800 kidney patients are waiting for life-saving kidney transplants.

It is critical that attention be brought to this often-overlooked, but increasingly common disease whose major risk factors are diabetes, high blood pressure, and others which could ultimately lead to kidney failure.

The National Kidney Foundation of Louisiana is calling on all Louisiana residents to love their kidneys, and their overall health, by getting tested to know if you are at risk for kidney disease.

By working together, we can all live healthier lives!